

Dr. Robert Brody's Personalized Natural Medicine

Fall Newsletter

October 2018



Meet our new staff member!

Vinny Brophy is our new front desk associate, and will be acting as the liaison between Dr. Brody and patients. Vinny will be in the office on Mondays and Wednesdays, using his years of administrative work to help provide a smoother, quicker, and easier experience. Vinny can be contacted either by messaging directly through the Portal on Dr. Brody's website (brodynd.com) or by calling the office phone at (203) 270-0070.

[Check out our website!](#)

Award-Winning Doctor

By Vinny Brophy



On Saturday, October 6th, Dr. Robert Brody was a recipient of the University of Bridgeport's 2018 Rising Star Award, given out to alumni under the age of 40 who have made large strides in their respective fields and have made great influences to help and encourage others.

A New Season, a New You

by Vinny Brophy



Changing seasons can be easier than ever before!

With every change of season comes changes in our body, be it from changes in the air, how much sun we get, or even the temperature outside. However we feel these changes, be it emotionally, physically, or mentally, there is always some good to be found. While New England falls can be beautiful, they can also leave some unintended consequences. Whether it's allergies, the common cold, finding the air harder to breathe, the onset of seasonal depression or another symptom, Dr. Brody is able to help us find equilibrium so we can enjoy the autumn leaves without having to worry about winter.

Visit the New Online Store!

As of October 6th, Personalized Natural Medicine is now at your fingertips! For patients who need refills, there is now a store option through the ChARM portal to place orders so you can keep yourself feeling and living your best without having to worry about waiting! This option is great for those who need a quick refill, or those who simply don't have enough time in their day to make a trip to the practice.

Business Hours:

Monday 11am-9pm

Wednesday 10am-4pm

Friday 10am-7pm

Saturday 9am-4pm

[Have a question? Send us an email!](#)

Thank you for taking the time to read about the practice. We wish you all a happy and safe fall!

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